

# CLIENT REGISTRATION FORM

LEGAL NAME

(First/Last): \_\_\_\_\_

NICKNAME: \_\_\_\_\_

GENDER:  MALE  FEMALE

DATE OF BIRTH: \_\_\_\_\_

PHONE

NUMBER: (\_\_\_\_\_) \_\_\_\_\_

ADDRESS: \_\_\_\_\_

Street

(City, State, Zip Code)

MAILING  
ADDRESS

(If different): \_\_\_\_\_

Street

(City, State, Zip Code)

No Current Address/Residence

## EMERGENCY CONTACT INFORMATION

NAME: \_\_\_\_\_

RELATIONSHIP: \_\_\_\_\_

HOME PHONE: (\_\_\_\_\_) \_\_\_\_\_

WORK/CELL PHONE: (\_\_\_\_\_) \_\_\_\_\_

### ETHNICITY

- HISPANIC OR LATINO  
 NON-HISPANIC OR LATINO

### RACE

- WHITE/CAUCASIAN  ASIAN  
 BLACK/AFRICAN AMERICAN  
 AMERICAN INDIAN/ALASKA NATIVE  
 NATIVE HAWAIIAN/PACIFIC ISLANDER  
 OTHER: \_\_\_\_\_

### LANGUAGE

- ENGLISH  SPANISH  
 OTHER: \_\_\_\_\_

### YOUR INCOME IS\*:

- BELOW POVERTY or  ABOVE POVERTY  
(select one)

\*See back of form for income guidelines

### DO YOU?

LIVE ALONE?  YES  NO

### ARE YOU?

UNABLE TO LEAVE YOUR HOME WITHOUT  
ASSISTANCE (Homebound)?  YES  NO

A VETERAN/SERVED IN ARMED FORCES?

YES  NO

### Activities of Daily Living (ADLs)

I am UNABLE to perform, without assistance:

- Bathe  Eat  Walk  Get Dressed  
 Use Bathroom  Transfer in/out of bed or chair  
 None (I can perform above tasks)

### Instrumental Activities of Daily Living (IADLs)

I am UNABLE to perform, without assistance:

- Prepare meals  Take medication  Shop  
 Manage money  Do light housework  
 Do heavy housework  Use the telephone  
 Use transportation services  
 None (I can perform above tasks)

I was provided the "Notice of Privacy Practices"

Client Signature: \_\_\_\_\_

Date: \_\_\_\_\_

**\*Turn Over to Complete\***

# CLIENT REGISTRATION FORM

Determine Your Nutritional Health

Circle each that applies to your nutritional habits	
1. I have an illness or condition that made me change the kind and/or amount of food I eat.	2 points
2. I eat fewer than 2 meals per day.	3 points
3. I eat few fruits or vegetables, or milk products.	2 points
4. I have 3 or more drinks of beer, liquor, or wine almost every day.	2 points
5. I have tooth or mouth problems that make it hard for me to eat.	2 points
6. I don't always have enough money to buy the food I need.	4 points
7. I eat alone most of the time.	1 point
8. I take 3 or more different prescribed or over-the-counter drugs a day.	1 point
9. Without wanting to, I have lost or gained 10 pounds in the last 6 months.	2 points
10. I am not always physically able to shop, cook and/or feed myself.	2 points
Please Total Your Nutritional Score	

If your score is

**0-2**      **Good! Recheck your nutritional score in 6 months.**

**3-5**      **You are at moderate nutritional risk.**

See what can be done to improve your eating habits and lifestyle. Refer to the attached handout for helpful tips. Recheck your nutritional score in 3 months.

**6+**      **You are at high nutritional risk.**

Bring this checklist the next time you see your doctor, dietitian or other qualified health or social service professional. Talk with them about any problems you may have. Ask for help to improve your nutritional health.

## U.S. DEPARTMENT OF HEALTH & HUMAN SERVICES 2022 FEDERAL POVERTY GUIDELINES

Size of Family Unit	Federal Poverty Guidelines	
	48 Contiguous States and D.C.	
	Annual Income	Monthly Income
<b>1</b>	\$13,590	\$1,135.50
<b>2</b>	\$18,310	\$1,525.83
<b>3</b>	\$23,030	\$1,919.16
<b>4</b>	\$27,750	\$2,312.50

**Print Name:** \_\_\_\_\_ **Date:** \_\_\_\_\_